

In the Claims

Please cancel claims 1-3.

Please add the following claims:

1 ~~4~~. A tobacco substitute composition comprising 80-90 weight percent of *Eucommia ulmoides*, 1-10 weight percent of *Glycyrrhiza glabra*, and 1-10 weight percent of *Perilla frutescens*.

2 ~~5~~. The composition of claim 1, further comprising glycerol.

3 ~~6~~. The composition of claim 1, further comprising peppermint oil.

4 ~~7~~. A method for aiding smoking cessation comprising a smoker smoking a composition comprising 80-90 weight percent of *Eucommia ulmoides*, 1-10 weight percent of *Glycyrrhiza glabra* and 1-10 weight percent of *Perilla frutescens*.